

"I want to make something clear: at this very moment, I think that Germany's **CUNTROACHES** are the **most important** and **life-affirming band on the planet**. **Period**. The first demo blew me away, but this one... **FUCK ME**. Somehow they have become **more in control and more chaotic** at the same time, and the intensity borders on **bleak / black metal darkness** while the music is just a relentless ramshackle freight train. **Noise punk of the highest order**. Maximum chaos and total insanity... but **mesmerizing in a black hole psychedelic way that is beyond words**. I simply do not understand how this music exists, and how it can be so good... **Eternal hails.**" - **MAXIMUM ROCKNROLL**



STREET DATE:
FEBRUARY 23RD, 2024

CUNTROACHES

CUNTROACHES - Self-Titled
Colored Vinyl Dual Lock Grooved LP / CD / DIGITAL

"**C**untroaches - a name inexplicably unused throughout the history of **bands, orchestras...** any grouping of people really... As it is, the mantle's **(finally)** been taken up by **two women and a bloke** making **ferociously warped hardcore-flecked no wave**. Mutating waves of feedback intoxicate and induce hangovers all at once, while David Hantelius gets a frankly obscene sound out of his bass - and the vocals - reverberated to an absurd degree - approach black metal levels of demonic witchery. As with New York's no wave OGs, **what it most definitely is >NO< is inept pissing around, 'noise for noise's sake'** - no matter how blown-out and violent Cuntroaches get, their interplay is lithe, their arrangements measured." - **The QUIETUS**

Since 2015, Berlin's **Cuntroaches** have defiled **countless venues across Europe and the UK**, playing festivals and touring relentlessly. The trio's influences range widely - from **metal to punk to hardcore to experimental noise** - and these are channeled into a dense, overwhelming wall of sound (which is often combined with some form of **performative mischief** - if they're in the mood). Audiences have been subjected to spewing beer bra harnesses, diaper outfits, empty pet food containers or witnessed band members performing from inside a trash bag. They've thrown **a lot of trash on a lot of people**.

PRESS QUOTES

"Okay, this one's for all you **hedonistic lifers** out there. Like a **pounding, blood-drenched rave, "Borborygmus"** screams and screeches its way through the speakers in a profoundly fucked up way. This genuinely sounds like what a **Cenobyte or Borg** or those guys with the spikes and goggles (the Maelstrom) from **Cyberpunk 2077** would listen to on its day off - **it's pretty hardcore.**" - **FECKING BAHAMAS**

"**Cuntroaches** interrogate connections between the confrontational aspects of **performance art**, the sleazy **art school dropout** aesthetics of **no wave**, and the seldom acknowledged albeit **inherent modernism of extreme metal icons such as Blasphemy and Behelit...** Cuntroaches propose a rock adjacent sound allergic to genre classifications." - **The QUIETUS**

"Hailing from Berlin, **bathed in red light and louder than hell itself**, they are demonic and demented in their deliverance of their uncompromising, sickening noise. Their sound is as utterly compelling, disturbing, eyebrow-raising and violent as their name suggests. **This is chaos of the highest, most brutal order and is a vicious assault on the senses.**" - **CVLT NATION**



highlights

- Album design by **Claire Panthère**. **Stamped & editioned** first pressing comes on **Dual-Lock-Groove Radioactive-Bile Green vinyl**, includes a **risograph printed "Footlong OBI"**, and risograph **Schtinky insert** and comes packaged in a crystal clear resealable sleeve. Limited Edition MOD CD also available.
- Cuntroaches have been featured in **Maximum Rocknroll, Noisy & CVLT Nation**
- Cuntroaches' CTM Festival performance** has been captured with high-definition **360° cameras**, placing you centerstage when viewed with **VR headsets**.



CUNTROACHES write...

The original versions of **"I Can Tell You're Scum"** and **"Inside Me"** were released on our split record with **Guttersnipe** (from Leeds, UK) at the height of lockdown in 2020. The label immediately disbanded and the whole thing fell flat, so we reworked these tracks to give them a new lease on life.

Martina (vocalist/guitarist) built a fully functional **warhorn** out of **septic pipes** that we ripped out of some rich dude's bathroom at a crappy renovation job. It was pitched down, distorted and included on the intro of **"Gravity System"**.

All songs were recorded in our windowless rehearsal room, mixed by us and mastered by **Daniel Husayn (North London Bomb Factory)** in 2023. The album is dedicated to **Schtinky (2012 - 2023)**, our sweet cat, who unfortunately left this mortal plane before the album was completed.

- Cuntroaches'** startling **Berlin Music Video Award** nominated **"Borborygmus"** video is **now streaming**.
- Cuntroaches** will be touring throughout 2024. **UK tour begins April 4th**. Visit **CUNTROACHES.com** for updates.

SONGS

- | | |
|---------------------|---|
| Borborygmus | Gravity System |
| III | I Can (Still) Tell You're (Scum) |
| Gordian Knot | Red Velvet Rose |
| Erbium:YAG | Inside Me |



CATALOG #: **GR154LP**



CATALOG #: **GR154CD**



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